

Important information about Free School Meals from September 2017

Every child will be entitled to free school meals again in September. Your child will have three choices for their lunch each day either the main menu choice, a sandwich or a jacket potato. We need you to complete a menu choice for each child who will be in our school from September in Reception, Year 1 or 2 so we can plan ahead and order the correct amount of food. All children will get a choice of three desserts each day including yogurt and fresh fruit.

Sandwich/baguette/bun choices : Cheese, ham, tuna or chicken

Jacket potatoes fillings: cheese, baked beans, tuna.

Child's name _____		Class (Sept 2017)		
day	Week 1 Meal option	Tick for meal	Alternative please write sandwich/baguette/bun or jacket including filling	Desert
m	Chicken and veg pasta bake, crusty bread and peas			Carrot cake & cream
t	Cheese and tomato Pizza, potato wedges and veg sticks			Lemon iced sponge
w	All day mini breakfast (sausage, bacon, scrambled egg, waffles, and beans)			Apple crumble & custard
t	Mince beef pie, mash, carrots, broccoli and gravy			Ice cream & peaches
f	Cod and salmon Fishcake, smilies and spaghetti hoops			Creamy rice pudding

day	Week 2 Meal option	Tick for meal	Alternative please write sandwich/baguette/bun or jacket including filling	Desert
m	Sliced ham, new potatoes and peas			Ginger sponge & custard
t	Chicken curry, brown rice and naan bread			Melting moments & milk drink
w	Sausage, creamed mash, carrots and gravy			Arctic roll & oranges
t	Lasagne, garlic bread and veg sticks			Vanilla sponge & chocolate sauce
f	Fish, chips and peas			Raspberry ripples mousse

day	Week 3 Meal option	Tick for meal	Alternative please write sandwich/baguette/bun or jacket including filling	Desert
m	Macaroni cheese, garlic bread an salad			Mixed berry sponge & custard
t	Chicken wraps , diced potatoes, and coleslaw			Raspberry buns
w	Roast beef, Yorkshire pud, cabbage, carrots and gravy.			Chocolate brownies
t	Shepherds pie, peas, sweetcorn and gravy			Jelly, fruit & cream
f	Salmon goujons, waffles and beans			White choc cookie & strawberry milk